

Evidence Based Approach to Psychiatric Medication in Palliative Care- AAHPM 2008

		Formulations			0 (rare) to 3+ (common)												
		Tablets (mg)	Capsules (mg)	Oral Solution/ <u>Generic Availability</u>	Starting Dose/ <u>Daily Dosage Range</u>	Anti-cholinergic	Sedation	Activation	Insomnia	Orthostasis	GI Distress	Arrhythmia	Weight Gain	Contra-indications	Cost \$/month	Renal Dosing/ <u>Hepatic Dosing</u>	Comments
SSRI	Citalopram (Celexa)	10, 20, 40		X / <u>X</u>	10-20mg/ <u>10-60mg</u>	0	0	1	1	0	2	0	0		40 (93)	N / <u>Y</u>	Few drug interactions
	Escitalopram (Lexapro)	5, 10, 20		X / -	5-10mg/ <u>10-20mg</u>	0	1	2	2	0	1	0	0		(81)	N / <u>Y</u>	Few drug interactions
	Fluoxetine (Prozac)	10, 20	10, 20, 40	X / <u>X</u>	10-20mg <u>10-80mg</u>	1	0	3	3	0	1	0	0		15 (151)	N / <u>Y</u>	Long half-life; helpful for non-compliance and avoiding
	Paroxetine (Paxil)	10, 20, 30, 40		X / <u>X</u>	10-20mg/ <u>10.60mg</u>	2	2	1	1	0	2	0	2		13 (104)	Y / <u>Y</u>	Short half-life; may lead to withdrawal
	Paroxetine SA (Paxil CR)	12.5, 25, 37.5			12.5mg/ <u>12.5-50mg</u>										(107)	N / <u>Y</u>	
	Sertraline (Zoloft)	25, 50, 100		X / <u>X</u>	25-50mg/ <u>25-200mg</u>	0	0	2	1	0	3	0	0		33 (93)	N / <u>Y</u>	More dopa-minergic; may benefit cognition
SNRI	Venlafaxine (Effexor)	25, 37.5, 50, 75, 100		- / <u>X</u>	25-50mg bid-tid/ <u>150-375mg</u>	1	1	0	0	0	3	1	0	Eating disorders	60	Y / <u>Y</u>	Dual SSRI/TCA action at doses \geq 150mg
	Venlafaxine SA (Effexor XR)		37.5, 75, 150	- / -	37.5mg/ <u>150-300mg</u>	1	1	0	0	0	2	1	0		(107)	Y / <u>Y</u>	
	Duloxetine (Cymbalta)		30, 60	- / <u>X</u>	30mg/ <u>30-60mg</u>	2	2	1	1	0	3	0	0	Not recommended ESRD or liver dz	(114)	Y / <u>Y</u>	Approved for peripheral neuropathy & urinary incontinence

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Atypicals	Bupropion (Wellbutrin)	75, 100		- / <u>X</u>	50mg bid-tid/ 300-450mg	0	0	3	3	0	1	1	0	Seizure disorder eating disorder abrupt d/c of alcohol or sedatives	67	Y / <u>Y</u>	Energizing properties may aid in smoking cessation	
	Bupropion SR (Wellbutrin SR)	100, 150, 200		- / <u>X</u>	100mg ad-bid/ 200-400mg	0	0	3	3	0	1	1	0		(85)	Y / <u>Y</u>		
	Bupropion XL (Wellbutrin XL)	150, 300		- / <u>X</u>	150mg/ 150-300mg	0	0	3	3	0	1	1	0		(133)	Y / <u>Y</u>		
	Mirtazapine (Remeron)	15, 30, 45		- / <u>X</u>	15mg qhs/ 15-60mg qhs	1	3	0	0	0	0	0	3	46 (96)	Y / <u>Y</u>	Lower doses stimulate appetite and decrease insomnia		
	Nefazadone (Serzone)	100, 200		- / <u>X</u>	50-100mg qhs/ 300-600mg qhs	1	1	0	0	0	1	0	2	46	N / <u>Y</u>	Strong anti-anxiety		
Stimulants	Methylphenidate (Ritalin)	5, 10		- / <u>X</u>	2.5-5mg bid / 10-20mg	0	0	3	3	0	1	1	0	(25)	N / <u>N</u>	Energizing, may increase appetite		
Typical Anti-psy- chotics	Haloperidol (Haldol)			X / -	0.5-2mg/ 3-5mg	0	1	0	0	0	0	1	15	N / <u>N</u>				
Atypical Antipsychotics	Risperidone (Risperdal)	.25, .5, 1.2, 3.4		X / -	0.25-0.5mg/ 1-2mg	1	1	0	0	2	0	1	1	(123)	Y / <u>N</u>			
	Olanzapine (Zyprexa)	5, 10, 15, 20		- / -	2.5-5mg/ 5-10mg	2	2	0	0	1	0	0	3	248	N / <u>N</u>			
	Quetiapine (Seroquel)	25, 100, 200, 300		- / -	25-50mg/ 50-200mg	1	3	0	0	2	0	1	3	137	N / <u>N</u>			
	Ziprasidone (Geodon)		20	- / -	20-40mg/ 80-160mg	1	1	1	0	0	0	2	0	362	N / <u>N</u>			